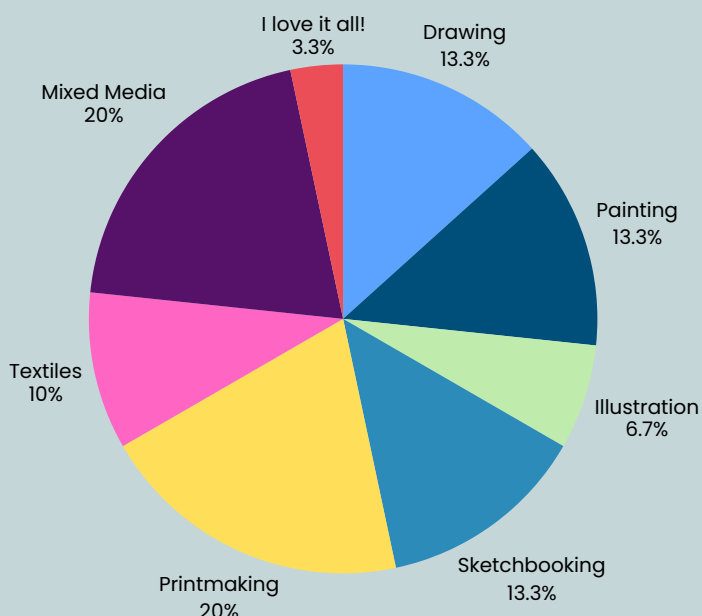


# Online Art Group

The Somerset Art Works **Online Art Group** is an accessible space for people of all abilities to engage with art in a way that suits them. Taking place online, artists deliver fun and mindful workshops in a variety of mediums – providing an opportunity to escape daily stresses and explore creativity for wellbeing. The group nurtures a creative community, helping members develop skills, connect with others, build confidence and express themselves.

To assess the value of the group, its relevance and accessibility, we asked our 2025 group members for some feedback on their experience. Those who responded to our survey told us:

What art forms have you enjoyed the most?



How does the Online Art Group make you feel?

**Impressed Happy**  
**Curious Excited**  
**Proud Included**  
**Valued Relaxed**  
**safe Inspired**

**30%**

said the group made them less stressed

**40%**

said they feel like part of a community

**50%**

said the group made them feel happier

Those who responded to our survey told us:

**100%**

said their access  
needs were  
supported

**70%**

said the sessions  
provided a sense of  
achievement

**60%**

said it made them  
feel good about  
themselves

## What is special about the Online Art Group?

"I really like the way the tutors change and each one brings different ideas on how to create. They all work hard at connecting, so even though it's online you do feel part of a group. Subtitle provision is excellent. The admin, Emily, is really good."

"I've not had to get up and leave the house at stupid o'clock and drive miles to attend a work shop feeling exhausted from the drive."

"The fortnightly connection"

"The warmth of the welcome, the encouragement and non-judgmental tuition. The sense of taking part in something with other people."

"The friendly, welcoming warmth of the whole team is a cheerful interlude, which always lifts the spirits."

"Inclusivity"

"It's a closed group and not open to some of the unpleasant people online. And everyone is very supportive."

“

The sessions have been engaging, well planned and expertly delivered with friendly warmth and humour. Even though we are online and spread across the county it's nice to feel one is 'part of a group'.

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Take a look at our project blog [quietplacesathome.online](https://quietplacesathome.online)